

What do you carry? What are you dragging? What do you leave behind?

# Baggage Check

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## Relationship Baggage (Week 2)

**OPENING:** Who was your best friend growing up? How did you become friends? Are you still friends today?

### INTRODUCTION:

Share some lessons you learned from last Sunday's sermon.

According to Pastor's sermon, we need to do three things:

1. **Relationship Baggage Check** – find out what's not necessary.
2. **Relationship Baggage Pick** – pick the right bags to carry.
3. **Relationship Baggage Chuck** – throw away the garbage.

**BAGGAGE CHECK.** There are relationships that:

- Relationships that keep us from our potential.  
Share examples from your life experience about not reaching your potential because of an unhealthy relationship.
- Relationships that pollute our other relationships.  
Do you have friends who don't go along well with one another? How is it affecting your relationships?
- Relationships that bring out the worst in us.  
Think of that person who does this. Can you share one experience with the group?
- Relationships that impede our relationship with God.  
Are there people in your life right now that hinders you from experiencing spiritual growth?

**BAGGAGE PICK.** Pick, let's pick the right bags to carry.

1. Make your relationship with Jesus your ultimate priority. Read John 15:12-15. What qualities does Jesus possess that should make us prioritize Him? Are these qualities transferable?

2. Find and Invest in Relationships that are worth keeping.

Proverbs 12:26. Why are relationships likened to guides? What do relationships have over us?

Proverbs 13:20. Are there people in your life whom you can truly say are wise guides for you?

Proverbs 14:6-7. What is a mocker? Why should we stay away from such people?

Proverbs 22:24-25. Do you have anger issues? What is the best antidote to anger? How can you grow as a person of peace?

1 Corinthians 15:33. Why do you think is Paul's instruction so important for us to follow today?

3. Become the kind of person everyone wants to have good relationship with.

Luke 6:31. The Golden Rule. Share an experience of this rule becoming true to you.

Romans 12:10. Why is it important to create a culture and environment of honor? What does honor do to an individual?

Ephesians 4:29. What may be some examples of "foolish talk"? Why is it so important for us to speak life? What kind of power do words have?

Colossians 3:12-14. Enumerate and share about the importance of the virtues mentioned in these verses.

Proverbs 17:17. Why is love such an attractive quality?

Proverbs 19:20. Why is the willingness to listen a quality we must strive to have?

Proverbs 27:17. Will you choose to be a person who causes others to stay sharp? How do we pursue this?

CS Lewis said, "The next best thing to being wise oneself is to live in a circle of those who are."

**BAGGAGE CHUCK.** How can we deal with the relationship baggage we are already carrying?

1. Reveal the hurt. (Psalm 32:3, Psalm 39:2)
2. Release the people involved. (Matthew 18:21-22, 1 Peter 2:23)
3. Refocus on God's plan for my life. (Genesis 50:19-20, Job 11:13-16)

### ANNOUNCEMENT:

**SUMMER BAPTISM BASH – July 17.**

If you have received Jesus as Lord and Savior and you want to take your next step of faith, SIGN UP FOR BAPTISM!