



BREAK GROUND | PLANT SEEDS | NURTURE | PATIENCE

ANNOUNCEMENTS/NEXT STEPS:

- Leaders Lab/Team Night May 10, 7:00PM Knox
- Baptism Bash May 13 (Sign up at the Next Steps Table)
- Mothers Day Picnic (During Baptism Bash)

PRAY TOGETHER

- Ask God to reveal areas that have become fallow.
- For courage and wisdom to break fallow grounds in your life
- For the TWO people you will reach and disciple this year.

FOCUS: Breaking ground is crucial for planting good seeds.

ICE BREAKER: What is your favorite spring activity?

READ: Hosea 10:12

REVIEW: BREAKING GROUND

1. BREAKING GROUND IS HARD WORK BUT NECESSARY. Farmers want to give those seeds the best chance of germinating and growing, and breaking the ground prepares the seed bed. The same is true for us, if we want to see God's promises fulfilled in our lives, we need to be able to identify the fallow areas in our lives and be willing break them so we can plant the right seeds.

2. BREAKING GROUND IS PREP TIME. Breaking ground makes it easier to plant. Plowing breaks up the blocky structure of the soil which can aid in holding moisture and root growth. Spiritual ground breaking opens us to the Word of God, to the wonder of God and to the will of God.

DISCUSS:

1. What is fallow ground?
2. When it comes to cultivation of our heart and soul why is *plowing foundational*?
3. What makes people's hearts fallow? Hebrews 3:12-13
4. How does spiritual plowing help us get rid of spiritual stones? Matthew 13:5-6
5. Can you name at least three areas in your life that seems fruitless? What might have happened that caused them to fallow?
6. How can you start flowing those areas? Hosea 10:12
7. How does seeking the Lord help us break the fallow areas of our lives?

As we conclude, consider the following:

- Spiritual plowing prepares our hearts to receive the rain and blessing that comes from God. Hebrews 6:7
- Plowing is seasonal. Isaiah 28:24-26. We must always take time to do an inventory of our "grounds" by seeking the Lord and see which areas need plowing.

Group Dynamics Idea.

This week, find time to have coffee or tea with someone in the group and share deeper about the areas of concern in your life. Encourage and pray for one another.

PRAY (See the items above)