



HANG OUT (10 MINS)

- Welcome people as they arrive.
- Spend a few minutes making small talk/offer snacks.

ICE BREAKER (10 MINS)

- A short game or activity to warm people up.

DISCUSSION (50 MINS)

- Worship and Prayer
- Read Bible verses: Hebrews 2:1 (NLT) and Ephesians 5:14-17 (NIV)

Rumble strips are in place for one reason: to tell us we're moving in the wrong direction. The signals rumble strips make are not subtle, it's blatant! They are audible (heard) and tactile (felt). It's the road's way of telling us, we're headed towards danger. Rumble strips don't change us, they just tell us that we need to change. They don't fix us, they just tell us that we need to fix something. Can you count the number of times those things saved your life?

We need rumble strips on the road and in our life to keep us on track, because...

DRIFTING HAPPENS ANYTIME TO ANYONE (Hebrews 2:1)

- When causes us to drift?
- Where does the drift take us? (Have you ever drifted in the right direction?)
- What areas in your life are you beginning to experience a drift in? (Faith, church, friends, school, family)
- Who has the greatest pull in your life? (Can you identify people, habits, activities and choices?)

DRIVING TAKES A LOT OF EFFORT (Hebrews 2:1 and Ephesians 5:15-16)

- According to Hebrews 2:1, what should we do to keep us from drifting?
- Why is it so hard to pay attention?
- What do you dream to be? How can you stay focused on reaching that goal?
- What are some of the danger signs you need to watch for in the areas you feel the drift in?
- What practical things can you do to avoid drifting away from God, the church and the things that matter?

YOU CAN'T CORRECT WHAT YOU DON'T DETECT (Ephesians 5:17)

- Read Acts 28:27. What makes us numb to God's rumbles in your life?
- What are some of the strong forces (people, habits, activities and choices) in your life that God wants you to let go of so you can stay sensitive to Him?

Read Matthew 7:13-14.

- Which road are you on?
- Will you make a commitment to stay on God's road?

CLOSING ACTIVITY (5 MINS)

- On a loose sheet of paper, write the areas of your life in which God is rumbling you.
- Pass the sheet three persons down the right. Pray for the concerns written on the sheet you get. Keep it with you and pray for it throughout the week,
- Leader closes in prayer

OTHER PRAYER REQUESTS:

- New York Missions Team.
- Growth of your DG.