



HANG OUT (10 MINS)

- Welcome people as they arrive.
- Spend a few minutes making small talk/offer snacks.

ICE BREAKER (10 MINS)

- A short game or activity to warm people up.

DISCUSSION (50 MINS)

- Worship and Prayer
- Read Bible verses: Hebrews 2:1 (NLT) and Ephesians 5:14-17 (NIV)

Rumble strips are in place for one reason: to tell us we're moving in the wrong direction. The signals rumble strips make are not subtle, it's blatant! They are audible (heard) and tactile (felt). It's the road's way of telling us, we're headed towards danger. Rumble strips don't change us, they just tell us that we need to change. They don't fix us, they just tell us that we need to fix something. Can you count the number of times those things saved your life?

We need rumble strips on the road and in our life to keep us on track, because...

DRIFTING HAPPENS ANYTIME TO ANYONE (Hebrews 2:1)

- When does drifting happen?
- What direction does drifting take us towards?
- What areas in your life are you currently experiencing a drift?
- What do you think are causing you to drift in those areas? (Can you identify people, habits, activities and choices?)

DRIVING TAKES A LOT OF EFFORT (Hebrews 2:1 and Ephesians 5:15-16)

- What must we do in order not to drift away according to Hebrews 2:1?
- How can we stay focused on our destiny and remain attentive on the journey?
- In 1 Peter 5:8 (read), we are told to be sober-minded and watchful. What are some of the danger signs we need to watch for in the areas we struggle in?

YOU CAN'T CORRECT WHAT YOU DON'T DETECT (Ephesians 5:17)

- What makes us numb or desensitized to God's rumbles? (Acts 28:27)
- What are some of the strong forces in your life that God wants you to let go of so you can stay sensitive to Him?

Read Matthew 7:13-14.

- Which road are you on?
- Will you make the change?

CLOSING ACTIVITY (5 MINS)

- On a loose sheet of paper, write the areas of your life in which God is rumbling you.
- Pass the sheet three persons down the right. Pray for the concerns written on the sheet you get. Keep it with you and pray for it throughout the week,
- Leader closes in prayer

OTHER PRAYER REQUESTS:

- New York Missions Team.
- Growth of your DG.