RUMBLESTRIPS WEEK 2 (ADULTS)



HANG OUT (10 MINS)

• Welcome people as they arrive.

• Spend a few minutes making small talk/offer snacks.

ICE BREAKER (10 MINS)

• Ask three to five people how their week was.

DISCUSSION (50 MINS)

• Worship and Prayer

• Read Bible verses: Romans 2:14-16

Rumble strips tell us that we're moving on the wrong direction. Whether shoulder or median rumble strips, they are meant to keep up safe and on the right direction. We need internal rumble strip and external rumble strip because the best protection is early detection. God has planted in each of a conscience as an internal rumble strip that make us aware of what's right and wrong.

What we learned about conscience, our internal rumble strip:

The conscience is something hardwired into our lives. (Romans 2:14-16)

- How does the existence of a conscience prove that there is a God?
- Do animals have consciences? Prove your answer.
- Share a recent experience in which your conscience kept you from doing something or made you do something?

The conscience is something that comes in a still small voice. (1 Kings 19:12)

- When was the last time you heard the "still small voice" in your life?
- How can we be more aware of the small voice in our hearts?

It is foolish to silence your conscience.

- Have you ever done something against your conscience? Share what happened.
- What happens to us when we keep going against our conscience?

The more you ignore your conscience, the harder it is to hear it. (1 Timothy 4:2)

- What are some things that you know is wrong that you keep doing?
- Why do you think do we go ignore or disregard our conscience?

The more you respond to your conscience, the more you'll anticipate it. (Proverbs 22:3)

- How can we be more obedient to our conscience?
- Why did God put rumble strips inside us?
- How can being visionary (ability to be pensive/perceptive) help the way we shape our future? (Ephesians 5:15)

CLOSING ACTIVITY (5 MINS)

• Pray for one another's obedience to the internal rumble strip.

OTHER PRAYER REQUESTS:

- New York Missions Team.
- Make it your goal/prayer to see salvations and baptisms from your DGroup.