



HANG OUT (10 MINS)

- Welcome people as they arrive.
- Spend a few minutes making small talk/offer snacks.

ICE BREAKER (10 MINS)

- Ask three people to say two truths and one lie and make the other members guess which ones are the lie.

DISCUSSION (50 MINS)

- Worship and Prayer
- Read Bible verses: Ephesians 5:21, Ephesians 4:11-15

Rumble strips tell us that we're moving on the wrong direction. Whether shoulder or median rumble strips, they are meant to keep up safe and on the right direction. We need internal rumble strip and external rumble strip because the best protection is early detection. God has planted in each of a conscience as an internal rumble strip that make us aware of what's right and wrong.

What we learned about our external rumble strip through submission:

WE NEED THE RIGHT PEOPLE

- Have you ever hung out with the wrong crowd? What happened?
- Why is it important to hang out with the right people? (Proverbs 13:20)
- Do you have friends who distract you or lead you away from God?
- What can we learn from Jesus' life of becoming an influence instead of being influenced? (Matthew 11:19)

WE NEED THE RIGHT SPIRIT

- Do you struggle listening to advice even when you know it's right? What do you think causes the struggle?
- What attitudes constitute the right spirit according to Pastor's message?
- How can we develop the right spirit within us?

WE NEED THE RIGHT QUESTIONS

- What is the difference between knowledge and wisdom?
- Would you consider yourself a wise person? Why or why not?
- What sort of questions do you think wise people ask?
- What questions should you be asking in terms of God's purpose and personal calling for you?
- How important is spiritual mentoring relationship? Are you in one?

WE NEED THE RIGHT POSTURE

- What is the right posture in all relationships?
- According to Ephesians 4:15, what is the result of speaking the truth in love?
- How can you grow in your love for other people?
- Are there people in your circle that needs some rumbling? What is your biggest obstacle in rumbling someone you love?

CLOSING ACTIVITY (5 MINS)

- Pray for one another's obedience to the external rumble strip.
- Encourage one another to find a mentoring relationship.
- Pray for courage as they seek to lovingly rumble people in their circles.