



## HANG OUT (10 MINS)

- Welcome people as they arrive.
- Spend a few minutes making small talk/offer snacks.

## ICE BREAKER (10 MINS)

- Ask three to four people: What was the lamest/funniest excuse you've ever made?

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## SERMON DISCUSSION (50 MINS)

- Worship and Prayer
- Read Bible verses: Exodus 4:1-17

### RECAP

Ask DGroup members to share their favorite points from the sermon *WEAPONS OF MASS DESTRUCTION*; learn about what spoke to them, a phrase or moment from the sermon they related to the most, or questions they have. If members have a hard time recalling the sermon, talk through your notes and share your favorite points. Part of renewing our mind is learning how to discern the lies spoken over us by the Lizard in the brain and roar of the lion. In this study, we will learn to recognize three tools the enemy to distract or debilitate us.

### MAKE IT PERSONAL

#### MINDSET OF DEFICIENCY

- What is that one important thing that God is telling you to do that you think you can't?
- Have you ever said NO to God because you didn't have what it takes?
- Will God ever call us to do something He knows we will fail in?
- In Exodus 4:1-2, what is God teaching Moses about deficiency and sufficiency? Read 1 Corinthians 3:5 ESV.
- Read Colossians 2:10. What does it say about our sufficiency?
- What do you already have that you can use to fulfill your purpose in Christ?

#### MINDSET OF DISAPPOINTMENT

- As far as Moses' Lizard Brain was concerned, he felt his life was a disappointment and did not want to leave his comfort zone to avoid more disappointments. Have you ever felt like Moses did? Share.
- We miss out on the adventures God has for us when we check out of it even before we begin. The pragmatic Lizard Brain always begins with the unhealthy mindset of disappointment. Have you ever checked out on God even before you began?
- The Lizard Brain keeps us from acting in faith. What does the Bible say we should do about our negative thoughts? (2 Corinthians 10:5)

#### MINDSET OF DISAPPOINTMENT

- Moses' Lizard Brain doubted, not just his inabilities, but God's capacity. Even though God already made a promise, he still operated on the idea that he has to do things by his own strength instead of God's (Read Exodus 4:13)
- What happens to us when we operate with an unhealthy orphan spirit?
- The Lizard Brain is pragmatic. Pragmatism is being practical rather than acting in faith. How can you move from pragmatism to faith?
- Read Zechariah 4:6. How can this promise help us renew our minds?

## CLOSING ACTIVITY (5 MINS)

- Prayer Requests and Prayer. Ask DGroup members to share any prayer requests they have. Record any notes or prayer requests to pray for members during the week.

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### ANNOUNCEMENTS:

**NEW DGROUP LEADERS ESSENTIAL TRAINING**, November 15 (7PM Knox Church).

**BAPTISM BASH**, November 18 (after Lakeland Worship).

**LOOKING AHEAD...Christmas Prom** December 15, **Christmas Eve Worship** December 24, **NYE Praise Party** December 31