# **ASCEND** WEEK 3



# **HANG OUT (10 MINS)**

- Welcome people as they arrive.
- Spend a few minutes making small talk/offer snacks.

# **ICE BREAKER (10 MINS)**

- Ask three to four people: Name three things that you think are pointless.

# **SERMON DISCUSSION (50 MINS)**

Worship and Prayer

#### **RECAP**

Ascend Series is all about rising to your next level. The beginning of the New Year is always a good place to start habits that allow us to step up. All of us have ascending hopes, but we don't have ascending habits. We form our habits and out habits form us. In this series, we will revisit biblical habits that will allow us to ascend onto the New Year. This will also coincide with a new tradition we will start in 2019: THE 21 DAYS OF PRAYER (January 7-27). What is the most significant lesson you learned from Jaz Austin Narciso's sermon on Sunday, Ascend in my Alignment?

Your alignment to God's purpose brings life to your dreams and goals; misalignment has the power to pull you away from God's best. This habit of ascending in your alignment is about strengthening your focus that pulls you closer to God, His purpose and your goals. Keep your life aligned with God's purpose for you...

- ☐ Because you have a purpose. (Psalm 139:16 and Ephesians 2:10)
- ☐ Because there is competition for your time and attention. (Ecclesiastes 4:6)
- ☐ Because time is short. (James 4:13-15)

## **MAKE IT PERSONAL**

## **Mastering Alignment**

## 1. Choose what is important. (Philippians 3:7-8)

- What and where are you? At this point in your life, what is the most important thing to focus on?
- What are your future plans? Are they aligned with God's purpose for you?
- Are your present activities and habits aligned with your future plans? Where does God fit in your future plans?
- Why is knowing Christ such an important factor in determining our future plans?

### 2. Make time for the important things. (Psalm 90:12 Living Bible)

- How long do you wish to live for?
- According to the verse, why must we learn to number our days?
- How much of your time is spent on things that matter?
- Read Matthew 6:33. What does Jesus mean by "seek first the kingdom"?
- Read 1 Corinthians 10:31. What counts as wasted time? How can you make the most out of your time?

#### 3. Eliminate the non-essentials. (Hebrews 12:1)

- What time-consuming habits can you eliminate to make time for what's important?
- What sins in your life slow you down from pursuing God's purpose for you?

## 4. Regularly take inventory. (Psalm 39:4-5 NLT)

- Start a journal in which you can record 1) God's revelations; 2) Moments of Victories; 3) Learning from Losses; 4) Steps to your purpose.

# **CLOSING ACTIVITY (5 MINS)**

- 21 Days of Prayer: Share some answered prayers!
- Prayer Requests and Prayer.

#### **ANNOUNCEMENTS:**

BAPTISM BASH (January 27) - If you haven't been baptized by immersion yet and wish to do so, speak to your DG leader.