



HANG OUT (10 MINS)

- Welcome people as they arrive.
- Spend a few minutes making small talk/offer snacks.

ICE BREAKER (10 MINS)

- Ask three to four people: Why do you think people fail in keeping their new year's resolutions?

SERMON DISCUSSION (50 MINS)

- Worship and Prayer

RECAP

Ascend Series is all about rising to your next level. The beginning of the New Year is always a good place to start habits that allow us to step up. All of us have ascending hopes, but we don't have ascending habits. We form our habits and our habits form us. In this series, we will revisit biblical habits that will allow us to ascend onto the New Year. This will also coincide with a new tradition we will start in 2019: THE 21 DAYS OF PRAYER (January 7-27). **What is the most significant lesson you learned from John Paul David's sermon on Sunday, *Ascend in My Priorities*?**

MAKE IT PERSONAL

Only One Thing is needed.

- Read Psalm 27:4. What is the singular highest desire that King David had in this verse?
- What did King David believe to be his greatest mission as a leader? Read 1 Chronicles 17:1.
- What do the verses tell us about the heart of King David?
- Read Luke 10:38-42. What did Jesus say to Martha about priority?

1. I will make the most of 2019. (Ephesians 5:15-16)

- What activities can you engage in more in 2019 to help you prioritize your relationship with Jesus?
- In part two of our *Heart for the House Series*, Pastor Jon taught us to individually prioritize making disciples. He encouraged us to bring seven people to Christ through Mosaic. Why does Jesus want us to prioritize making disciples? What are the fruits of making disciples in our life and the lives of the people we reach?

2. I will get rid of every distraction. (Hebrews 12:1-2a)

- What things and activities could potentially distract you from our spiritual priorities this year?
- What can you do to prevent yourself from getting distracted?

3. I will prioritize knowing Jesus more. (Philippians 3:7-9a NLT)

- JP David gave us three areas that could help us keep our hearts focused on our spiritual priorities:
 1. Service & Sacrifice (Giving my best in time, talent and treasure in His House).
 2. Making Disciples (Heart for people who need to know Jesus and helping them grow in faith).
 3. Word & Worship (Time in the Word/Prayer, Corporate Worship [Leviticus 3:12-13]).
- Most psychology and human kinetics experts say that it takes 21 days to form a habit. It will be good to prioritize these three life-giving habits. What has God been teaching you so far in the first few days of our 21 DAYS OF PRAYER?

CLOSING ACTIVITY (5 MINS)

- Find one or two people from your group to meet with once a week in the next three weeks for a time of prayer.
- Prayer Requests and Prayer.

ANNOUNCEMENTS:

21 DAYS OF PRAYER – In the next 21 Days, we will skip one meal per day and spend that time we would use to eat in prayer. Visit our Instagram/Facebook every day for our daily prayer guide.

BAPTISM BASH (January 27)– If you haven't been baptized by immersion yet and wish to do so, speak to your DG leader.