



WEEK 2: REJECT LIES, RECEIVE TRUTH

WELCOME

The mind is a battleground between truths and lies that affect our living. To the redeemed person, the Bible gives us the weapon against lies and to receive truth: a transformed life through a renewed mind. The renewed mind is able to receive all that God has for us in Christ. .

- Which celebrity did you admire and imitate when you were growing up?

WORSHIP

- Sing, *Worthy (Elevation Worship)*
(If you're meeting in a public space, skip the song and instead have 2 or 3 people share a praise/thanks report.)

WORD

- **Read Romans 12:1-2**
 1. The context of these verses is the teaching about God's work in our salvation. God has done everything, all we need to do now is to respond by offering ourselves up to Him. What does "offer your bodies as living sacrifices" mean and how is that our "true and proper worship"?
 2. What are the first commands we find in verse 2?
 3. Why is it crucial for our growth to not follow the patterns of this world, including behavioral and thought patterns?
 4. What is the third command in verse 2 and how important is this in relation to our subject matter of rejecting lies and receiving truth?
 5. The lies we believe about ourselves are often rooted in childhood experiences. Have you experienced this in your own life? How has it affected you?
 6. Our sense of self, and our thought life are tainted by our sinful nature, and renewing the mind in Christ is a step to our transformation because it is what enables us to "test and approve what God's will is." A renewed mind is able to receive God's truth and rejects the enemy's lies. Have Name some of God's truth before that have helped shape your faith? What was that experience like?
- **Read Philippians 4:8.**
 1. We are commanded to fix our thought on *what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.* What can praiseworthy thinking help us avoid?
 2. How can you develop the habit of praiseworthy thinking?
 3. Relate the two ideas of *praiseworthy thinking* and taking every *thought captive*.

WORK

- Be super honest: where do your thoughts lean toward often, negative or positive?
- What are some truths from God's Word that you can write, meditate on, and confess to combat it?
- Pray for one another.

KEY SCRIPTURES

Romans 12:1-2 NIV

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Philippians 4:8 NLT

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.